

**Home of Guiding Hands Invites You To Join Us In Creating a Plan for a Better Tomorrow!**

## **The Life Planning Project** **A Family Workshop Series\***

*A series of six workshops for parents and relatives of people with developmental disabilities or other challenges. Create your own detailed plan for your family members' future.*

**The TWO HOUR sessions will be held on:**

**Tuesday Evenings**  
**6pm-8pm**

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|---------|---------------------------------|
| Apr 7   | Why Plan – Getting Started      |
| Apr 21  | Building Relationships & Skills |
| May 5   | Work, Retirement & Leisure      |
| May 19  | Housing Options                 |
| June 2  | Legal Issues                    |
| June 16 | Setting Goals                   |

**Meeting Space Generously Provided by**  
**Generations Day Care**

850 Main Street Suite 107  
Ramona, Ca 92065

\*Vendored program funded by San Diego Regional Center  
Reservations are necessary as space is limited

Call Wendy at: (619) 938-2876 to **RSVP** or

email: [wendy@guidinghands.org](mailto:wendy@guidinghands.org)

[www.guidinghands.org](http://www.guidinghands.org)